



DID YOU

LEARN THESE

MYTHS

IN SEX-ED?



**KEEP WATCHING TO HAVE
THEM DEBUNKED**



MYTH #1

ABSTINENCE IS THE ONLY MORALLY CORRECT OPTION

- Not only does this shame students who are already sexually active, but it's simply not true.

Everyone has different values and the right to bodily autonomy. Students should learn about all aspects of sex so that they feel comfortable making their own decisions.



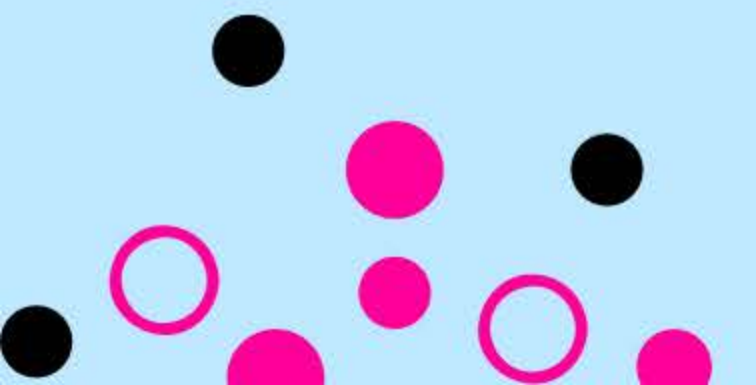
MYTH #2

PROCREATION

**IS THE ONLY REASON
TO HAVE SEX**

Sex-ed often leaves out the fact that people can have sex for pleasure and instead, emphasize that sex exists to create babies.

Students should be taught about pleasure and consent to develop a better understanding of what a sexual relationship can be.



MYTH #3

HETEROSEXUAL RELATIONSHIPS ARE THE ONLY ONES THAT EXIST

This is one of the many ways that sex-ed classes fail LGBTQ+ youth. Same-sex relationships are often not even mentioned.

This causes LGBTQ+ students to be marginalized in the classroom and prevents them from learning how to have safer, healthy sex.

- All consensual sexual relationships are valid regardless of sexual orientation or gender identity.

MYTH #4

MASTURBATION IS BAD

In most sex-ed classes, students are not even taught about masturbation.

But if they are, the rhetoric will often discourage from and shame students for masturbating.

Masturbation is part of bodily autonomy. And again, students should be taught about sexual pleasure.