

Doula care in Maryland

TODAY: Medicaid
reimbursement
of Doula care



NARAL
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Currently...

- As of now, Maryland Medicaid and other state-run insurances do not cover Doula care
- This means many folks who don't have private insurance or who can't pay out of pocket are not able to afford this kind of support

What needs to change?

- These state-run insurance programs must reimburse Doulas for their care
- As a result, more low-income people would have access to this support

Legislative efforts

- We have not yet passed legislation reimbursing doula care through Medicaid and private insurance exchanges in Maryland, but that would dramatically increase access to this kind of support

The benefits....

- Decrease health disparities in traditionally underserved communities and reduce mortality rates
- Lead to more women of color providing this care and receiving a living wage for their services

The bottom line.

- Everyone should have access to support before, during, and after their pregnancy
- Medicaid reimbursement could make Doula care more accessible for those who need it

Thanks for reading!

Come back tomorrow for information on Maryland legislation and what you can do to help advance Doula care in Maryland

DON'T FORGET

Check out our previous posts and Doula care highlight for more Doula-related content!